

# **MENU** Share Community Café

Empowering adults with learning disabilities and autism through on-the-job catering and hospitality training.

FOOD

#### Breakfast

Choice of pastries: croissants and pains au chocolat (wheat) **£1.50** Apple, cinnamon and maple syrup overnight oats (soya) (wheat) **£2.50** Homemade granola, mango and passion fruit compôte, Greek yogurt pot (dairy) (wheat) **£2.50** 

#### Cakes/desserts £2.00

Carrot and ginger cake with lemon frosting (wheat) (vegan) Banana bread with chocolate chips (wheat) (vegan) Apple and berry crumble with vanilla custard (gf) (vegan) Homemade flapjack (wheat) (vegan)

#### Sandwiches £2.50

Hummus, roasted peppers and spinach (wheat) Cheddar cheese (wheat) (dairy) Tuna, mayo and sweetcorn (wheat) (dairy)

#### Hot lunch £3.00

Available Mon, Tues and Thurs from 12 to 2pm only Special of the day (please ask at the counter)







DRINKS

**Coffee £2.00** Espresso, Americano, Latte, Flat White, Cappuccino

Selection of teas	£1.50
Hot chocolate	£2.00

Apple/orange juice £1.50

#### Smoothies

£1.50

Yellow (mango, banana, pineapple, coconut milk and ginger) Green (kiwi, banana, spinach and apple) Red (banana and red berries)

Add extra superfood: spirulina, hemp protein, turmeric, cocoa, maca *Illustrations by Rehan (Share art student)* 



# Share Community Café

### **Our story**

We're a registered charity and social enterprise café, providing work experience and training in catering and hospitality for adults with learning disabilities, autism, and mental health needs.

Our students have the opportunity to master the art of barista-level coffee making and catering, and learn valuable employability skills such as serving customers and handling payments.

Not only does this help them learn practical work skills, it also nurtures their personal growth and emotional wellbeing. We see first hand our students' deepening independence, improved communication and social skills, and well-deserved pride in their accomplishments.

### Follow us on social media



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We also provide catering services for meetings and events, visit www.sharecommunity.org.uk or ask our staff for more information.

